

GLOUCESTERSHIRE CHAMPS.**10,000 metres**

Posn.	Name	Club	Cat.	Time
1	Simon Fortnam	Severn AC	SM	34m 56.29s
2	Alistair Lockey	Bourton RR	MV40	35m 27.69s
3	Dave Gresswell	Gloucester AC	MV40	36m 37.19s
4	Clive Sentence	Tewkesbury AC	MV40	38m 27.13s
5	Andy Chapple	Bourton RR	MV40	38m 51.82s
6	Jeremy Mower	Gloucester AC	MV40	39m 02.83s
7	Arthur Daley	Gloucester AC	MV55	40m 16.90s
8	Rob Edwards	Bourton RR	MV40	41m 34.68s
9	Dave Buckle	Severn AC	MV55	41m 41.28s
10	Gary Barnes	Severn AC	MV45	42m 10.09s
11	Steve Humphries	Bourton RR	MV45	42m 32.32s
12	Chris Young	Stroud & District AC	MV50	42m 39.36s
13	Dave Spackman	Gloucester AC	MV60	43m 02.12s
14	Norman Lane	Bourton RR	MV60	43m 10.56s
15	Alison Lane	Bourton RR	LV45	43m 32.21s
16	Stephanie Lane	Bourton RR	U17L	43m 42.26s
17	John James	Severn AC	MV55	45m 21.15s
18	Phillip Howells	Tewkesbury AC	MV60	46m 14.94s
19	Rachel Labdon	Angels RC	LV35	47m 46.36s
20	Debbie Lee	Angels RC	LV35	47m 47.48s
21	Deborah Southgate	Angels RC	LV50	49m 00.37s
22	Chris Bence	Bourton RR	MV55	49m 10.56s
23	Lynn Hudson	Bourton RR	LV50	50m 42.93s
24	Barry O'Driscoll	Tewkesbury AC	SM	52m 20.80s

4 x 100 metres Relay**Race 1**

1	Gloucester AC		U17M	53.8s
2	Severn AC	(Disqualified)	U17M	55.3s
3	Gloucester AC		U13G	56.2s

4 x 100 metres Relay**Race 2**

1	Severn AC		SM	44.2s
2	Gloucester AC		SM	44.7s
3	Gloucester AC		U13G	52.2s
4	Tewkesbury AC		SM/MV40	58.5s

4 x 400 metres Relay

1	Severn AC		SM	3m 35.4s
2	Gloucester AC		SM	3m 40.0s
3	Severn AC		U17M	4m 32.7s
4	Bourton RR		MV40	4m 39.6s
5	Bourton RR		MV50	5m 57.7s
6	Bourton RR		MV60	6m 05.8s
7	Angels RC		LV35/50	6m 11.5s

OPEN RACES - NON CHAMPS.**1 Mile**

1	Dave Gilbert	Severn AC	SM	4m 54.6s
2	Amber Watson	Gloucester AC	U15G	5m 13.7s
3	Harrison Coldray	Gloucester AC	U13B	5m 13.9s
4	Freek van Arkel	Forest of Dean AC	U15B	5m 30.2s
5	Tom Jess	Bourton RR	U17M	5m 31.4s
6	Sasha Herman	Forest of Dean AC	U15B	5m 42.9s
7	Emmett Thompson	Forest of Dean AC	U13B	5m 49.5s
8	Nathan Morris	Severn AC	U15B	5m 54.8s
9	Becky Summers	Gloucester AC	U15G	5m 59.7s
10	Joyce Barrus	Cheltenham & County Harriers	LV50	6m 20.0s
11	John James	Severn AC	MV55	6m 54.7s
12	Phillip Howells	Tewkesbury AC	MV60	7m 00.8s